

Cardiac Rehab Technology Tool Assessment

This tool can be used to evaluate mobile applications that may be used to help deliver Telehealth CR. If the tool does not have a feature or attribute, the site may wish to consider alternative tools, or alternative ways to address that aspect of Telehealth CR delivery.

Feature/Attribute	Yes	No	Notes
Physical activity logging			
Vital sign logging			
Evidence-based health education			
Medication reminders			
Easy to use			
CR staff dashboard			
Training materials			
Software compatible with patient devices?			
Can it be built into habit of CR participation?			
Is it fun to use?			
Is the price acceptable for value?			

Based on concepts from Venkatesh, et al and studied in our usability research on technology tools for cardiac rehabilitation.^{1,2}

1. Venkatesh V, Thong JYL, Xu X. Consumer Acceptance and Use of Information Technology: Extending the Unified Theory of Acceptance and Use of Technology. *MIS Quarterly*. 2012;36:157–178.
2. Beatty AL, Magnusson SL, Fortney JC, Sayre GG, Whooley MA. VA FitHeart, a Mobile App for Cardiac Rehabilitation: Usability Study. *JMIR Hum Factors*. 2018;5:e3.

